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8 **UNITED STATES DISTRICT COURT**

9 **NORTHERN DISTRICT OF CALIFORNIA – SAN FRANCISCO DIVISION**

10 VINCENT D. MULLINS, individually and  
on behalf of all others similarly situated,

11 Plaintiff,

12 v.

13 PREMIER NUTRITION CORPORATION  
14 f/k/a JOINT JUICE, INC.,

15 Defendant.

Case No.: C-13-01271 RS

FIRST AMENDED CLASS ACTION  
COMPLAINT

CLASS ACTION

**JURY TRIAL DEMANDED**

Judge: Honorable Richard Seeborg  
Courtroom: Courtroom 3, 17th Floor

Complaint Filed: March 21, 2013

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1 Plaintiff Kathie Sonner (“Plaintiff”) brings this class action complaint against  
2 Defendant Premier Nutrition Corporation f/k/a Joint Juice, Inc. (“Joint Juice” or “Defendant”),  
3 on behalf of herself and all others similarly situated, and complains and alleges upon personal  
4 knowledge as to herself and her own acts and experiences, and, as to all other matters, upon  
5 information and belief, including investigation conducted by her attorneys.

6 **NATURE OF THE ACTION**

7 1. This is a consumer protection class action brought pursuant to Fed. R. Civ.  
8 Proc. 23 arising out of Defendant’s false advertising its “Joint Juice” products. Defendant  
9 claims Joint Juice provides significant health benefits for the joints of all consumers who drink  
10 its products. These claimed health benefits are the only reason a consumer would purchase  
11 Joint Juice. Defendant’s advertising claims, however, are false, misleading, and reasonably  
12 likely to deceive the public.

13 2. Defendant markets, sells, and distributes Joint Juice, a line of joint health  
14 dietary supplements.<sup>1</sup> Through an extensive, integrated, and widespread nationwide marketing  
15 campaign, Defendant promises that Joint Juice will support and nourish cartilage, lubricate  
16 joints, and improve joint comfort. Defendant asserts that the ingredient glucosamine  
17 hydrochloride will provide these significant health benefits.

18 3. The same promise is made on all of the subject Joint Juice products and  
19 throughout the Joint Juice marketing materials. For example, the Joint Juice six-bottle  
20 packaging prominently states that the Product “helps keep cartilage lubricated and flexible,”  
21 and that consumers should “drink daily for healthy, flexible joints.”

22 4. Throughout its advertising and marketing, Defendant communicated the same  
23 substantive message on all of the Products’ packaging and labeling: that the Products will  
24 improve the health of joints and relieve joint pain. As a result, the joint health benefit message  
25 on the packaging of Defendant’s Products will be collectively referred to as Defendant’s “joint  
26 health benefit representations.”

27 \_\_\_\_\_  
28 <sup>1</sup> The Joint Juice line consists of: (1) Joint Juice supplement drink; (2) Joint Juice On-  
The-Go Drink Mix; and (3) Joint Juice Easy Shot Supplement (collectively, “Joint Juice” or  
the “Products”). Plaintiff reserves the right to include other Products as a result of discovery.

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1 5. Defendant’s advertising and marketing campaign is designed to induce  
2 consumers to purchase Joint Juice because of their reliance upon the accuracy of the deceptive  
3 health benefits message. As a result of its extensive marketing campaign (in 2009, Defendant  
4 spent a reported \$3.5 million advertising Joint Juice), and in just the past six years, Defendant  
5 has sold over \$100 million dollars of the Joint Juice products.

6 6. Defendant, however, has sold products that do not perform as advertised. As a  
7 result of the misleading messages conveyed by its marketing campaign, Defendant has caused  
8 consumers to purchase products that do not perform as advertised.

9 7. Plaintiff brings this action on behalf of herself and all other similarly situated  
10 consumers to halt Defendant’s dissemination of this false and misleading advertising message,  
11 correct the false and misleading perception it has created in the minds of consumers, and to  
12 obtain redress for those who have purchased Joint Juice.

13 **JURISDICTION AND VENUE**

14 8. The Court has original jurisdiction pursuant to 28 U.S.C. §1332(d)(2). The  
15 matter in controversy, exclusive of interest and costs, exceeds the sum or value of \$5,000,000  
16 and is a class action in which there are in excess of 100 class members and some of the  
17 members of the class are citizens of states different from Defendant.

18 9. This Court has personal jurisdiction over Defendant because Defendant is  
19 authorized to and does conduct business in California. Defendant has marketed, promoted,  
20 distributed, and sold Joint Juice in California, and Defendant’s primary place of business is in  
21 California, rendering exercise of jurisdiction by California courts permissible.

22 10. Venue is proper in this Court pursuant to 28 U.S.C. §§1391(a) and (b) because  
23 a substantial part of the events or omissions giving rise to Plaintiff’s claims occurred in this  
24 district. Venue is also proper under 18 U.S.C. §1965(a) because Defendant transacts  
25 substantial business in this District and is a resident of this District.

26 11. Intradistrict Assignment: Pursuant to Civil Local Rules 3-2(c)-(d), and 3-5(b),  
27 Defendant is headquartered in San Francisco County, this action otherwise arises in San  
28 Francisco County, and it is therefore appropriate to assign this action to the San Francisco

1 Division.

2 **PARTIES**

3 ***Plaintiff***

4 12. Kathie Sonner is a citizen of the State of California. At all times relevant to this  
5 action, she resided in San Diego County, California. In late 2013, Plaintiff Sonner was  
6 exposed to and saw Defendant’s representations by reading the label of a Joint Juice “Weekly  
7 Pack” of six, eight-ounce beverage bottles at a Ralph’s grocery store located at 101 G Street,  
8 San Diego, CA 92101. Prior to that, Plaintiff Sonner was also exposed to and saw Defendant’s  
9 representations by viewing the Joint Juice television commercial featuring spokesman Joe  
10 Montana. In reliance on the joint health benefit representations Plaintiff purchased the Joint  
11 Juice “Weekly Pack” for approximately \$7. By purchasing the falsely advertised product,  
12 Plaintiff suffered injury-in-fact and lost money.

13 13. The Product does not provide the promised benefits. Had Plaintiff known the  
14 truth about Defendant’s misrepresentations and omissions at the time of his purchase, Plaintiff  
15 would not have purchased the Product.

16 ***Defendant***

17 14. Premier Nutrition Corporation (“Premier”) f/k/a Joint Juice, Inc. is a  
18 corporation organized and existing under the laws of the state of Delaware. Premier’s  
19 headquarters is at 188 Spear Street, Suite 600, San Francisco, California 94105. As of August  
20 2013, Premier became a wholly-owned subsidiary of Post Holdings, Inc. Premier is a  
21 manufacturer of high-protein nutrition products, including ready-to-drink shakes, bars,  
22 powders and cookies. Premier’s primary brands are Premier Protein and Joint Juice. Premier  
23 manufactures, advertises, markets, distributes, and/or sells the Joint Juice products to tens of  
24 thousands of consumers in California and throughout the United States. The conduct at issue  
25 substantially emanates from California. From its headquarters and offices in California,  
26 Defendant creates the false and deceptive advertising campaign at issue, and promotes,  
27 markets, distributes, and sells the Products to many thousands of consumers throughout the  
28 United States, including through its retail website. Defendant’s CEO, chief financial officer,

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1 chief operating officer, marketing employees, research and development, and customer service  
2 personnel are also located in California. Defendant's retail distribution vendor is located in  
3 California, and its outside advertising agency is located in San Francisco.

4 15. Joint Juice, Inc. n/k/a Premier Nutrition Corporation was a San Francisco-based  
5 corporation organized and existing under the laws of the state of California. Joint Juice, Inc.  
6 was headquartered at 120 Howard Street, Suite 600, San Francisco, California 94105. Joint  
7 Juice, Inc. was a leading provider of ready-to-drink glucosamine supplements. Up until  
8 becoming known as Premier in 2011 or 2012, and from its headquarters and offices in  
9 California, Joint Juice, Inc. manufactured, advertised, marketed, distributed, and/or sold the  
10 Joint Juice products to tens of thousands of consumers in Illinois, California and throughout  
11 the United States. On October 12, 2011, Joint Juice Inc. announced the acquisition of Premier  
12 Nutrition.

13 16. Upon information and belief, Joint Juice's employees with decision-making  
14 relevant to this litigation, including Joint Juice's executives and marketing employees, are  
15 located in California. For example, Mr. Ritterbush, who works out of San Francisco, is the  
16 current CEO of Premier and former CEO of Joint Juice. The outside advertising agency used  
17 by Joint Juice is also located in San Francisco. Further, Joint Juice represents that the Products  
18 were created by its founder, Dr. Kevin Stone, at the Stone Clinic in San Francisco.

### 19 **FACTUAL ALLEGATIONS**

#### 20 ***The Joint Juice Products***

21 17. Since 1999, on a nationwide basis, Defendant has distributed, marketed, and  
22 sold the Joint Juice Products.

23 18. The Joint Juice Products are sold by a variety of third-party retailers, including  
24 Costco, Sam's Club, Walgreens, Wal-Mart, and Target. Defendant also sells Joint Juice  
25 directly to consumers through its website.

26 19. The Joint Juice Products are available in 1) drink mix packets, which retail for  
27 approximately \$22 for a thirty-count box, 2) eight-ounce beverage bottles, which retail for  
28 approximately \$30 for a thirty-pack, or approximately \$6 for a six-pack, and 3) Easy Shot™

1 bottles, which retail for approximately \$15 for a twenty-ounce bottle containing sixteen  
2 servings.

3 20. According to Defendant, and as stated on the Products' packaging, the Joint  
4 Juice Products contain 1,500 mg per serving of glucosamine hydrochloride.

5 21. Glucosamine hydrochloride is a combination of glucosamine (an amino sugar  
6 compound produced by the body, and which can be isolated from shellfish) where the  
7 glucosamine is combined with hydrochloric acid.

8 22. Unlike the Products at issue, other glucosamine-infused products often contain  
9 glucosamine sulfate, which is a combination of glucosamine and sulfur molecules.

10 23. Glucosamine is one the most abundant monosaccharides (sugars) in the body.

11 24. From a scientific perspective, it is impossible to extrapolate and conclude that  
12 because a result was demonstrated with glucosamine sulfate, that same result would be shown  
13 with glucosamine hydrochloride.

14 25. Glucosamine hydrochloride is less expensive than glucosamine sulfate.

15 26. According to a 2006 study published by the New England Journal of Medicine  
16 (discussed below), at least 20 million Americans are affected by osteoarthritis – a number that  
17 is expected to double over the next two decades.

18 27. According to the Mayo Clinic, the signs and symptoms of osteoarthritis include  
19 joint pain, joint tenderness, joint stiffness, and the inability to move your joint through its full  
20 range of motion.<sup>2</sup>

21 ***Defendant's False and Deceptive Advertising for the Joint Juice Products***

22 28. Since the Products' launch, Defendant, through its advertisements including on  
23 the Products' packaging and labeling, has consistently conveyed the message to consumers  
24 throughout the United States that Joint Juice helps to support and nourish cartilage, "lubricate"  
25 joints, and help with "joint comfort," simply by consuming the Products.

26  
27  
28 <sup>2</sup> <http://www.mayoclinic.com/health/osteoarthritis/DS00019/DSECTION=symptoms>  
(last visited March 15, 2013).

1           29. Defendant claims that glucosamine hydrochloride is the Products' primary  
2 active ingredient, and that chondroitin sulfate is an active ingredient.

3           30. Specifically, Defendant states on the Products' packaging and in its marketing  
4 materials that Joint Juice helps: to support and nourish cartilage, "lubricate" joints, and  
5 improve joint comfort without any limitation on which joints, for adults of *all* ages and  
6 without any limitation on what stages of joint related ailments.

7           31. In its marketing materials, including on its packaging and labeling, Defendant  
8 also represents that Joint Juice was "originally developed for pro athletes by orthopedic  
9 surgeon Kevin R. Stone, M.D. to keep joints healthy and flexible."

10           32. Defendant's marketing representations repeat and reinforce the claims made on  
11 the packaging and labeling for the Products. For example, on its website, Defendant  
12 represents that "[e]veryone has over 200 moving joints in his or her body, covered by  
13 articulate cartilage. . . . Glucosamine in Joint Juice stimulates production of lubricants your  
14 joints use to stay healthy and flexible."<sup>3</sup>

15           33. Defendant's advertising deceptively reinforces the health benefits message  
16 through references to "expert stories," including from Dr. Kevin Stone, Joint Juice's founder  
17 and co-owner. According to an article written by Dr. Stone and posted on Defendant's  
18 website, "[t]aking glucosamine and chondroitin together – in the liquid formula found only in  
19 Joint Juice® products – ensure that you get a full day's supply of glucosamine (1,500 mg) and  
20 chondroitin to maintain healthy and happy joints."

21           34. Defendant's website also contains a prominent link to a "Joint Juice® joint  
22 health assessment." This marketing gimmick further reinforces the false and misleading  
23 representation that Joint Juice will provide the significant, advertised health benefits.

24           35. Likewise, in a 60-second television commercial, Joint Juice spokesman Joe  
25 Montana, who states that "my joints have gotten a little stiff lately and at first I thought I had  
26 to live with it because of pro football and just getting older," makes the false and deceptive  
27 representations that "the glucosamine and chondroitin lubricates and cushions the cartilage in  
28

<sup>3</sup> JOINTJUICE, <http://www.jointjuice.com/healthyjoints.asp> (last visited March 4, 2013).

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1 my joints so I can move more easily . . . it works great for anyone who likes to keep moving!”  
 2 Further adding unfounded credibility to the deceptive claim, the Joint Juice advertisement also  
 3 states that Joint Juice “was originally developed by an orthopedic surgeon for pro athletes.”<sup>4</sup>  
 4 According to Defendant, “glucosamine and chondroitin have been proven to help maintain  
 5 joint function and mobility.”<sup>5</sup>

6 36. The Products’ packaging appears as follows:

7 EasyShot™ (Front)

8 EasyShot™ (Back)



25 <sup>4</sup> “Extraordinary Joe”, available at [http://www.youtube.com/watch?v=9qOqK\\_GjoUM](http://www.youtube.com/watch?v=9qOqK_GjoUM)  
 26 (last visited March 15, 2013); *see also* <http://www.youtube.com/watch?v=EYN-hoTYELE> (30  
 27 second version of the “Extraordinary Joe” television ad makes the same representations) (last  
 28 visited March 15, 2013).

<sup>5</sup> “Joe Montana Partners with Joint Juice, Inc. to Get American on a Health Joint  
 Regimen,” available at <http://www.bevnet.com/news/2011/joe-montana-partners-with-joint-juice-inc-to-get-americans-on-a-healthy-joint-regimen> (last visited March 15, 2013).

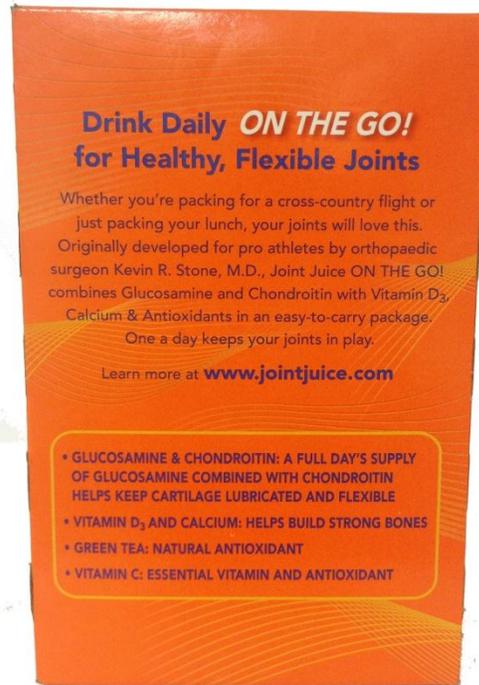
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Drink Mix Box (Front)



Drink Mix Box (Back)



Beverage Bottle Six-Pack (Back)



1 ***Scientific Studies Confirm That Joint Juice Is Not Effective And Defendant's Health***  
2 ***Benefits Message Is False And Deceptive***

3 37. Despite Defendant's representations, glucosamine, alone or in combination  
4 with other ingredients including chondroitin sulfate, is **not** effective in providing the  
5 represented joint health benefits.

6 38. For example, a 1999 study involving 100 subjects by Houpt *et al.*, entitled  
7 *Effect of glucosamine hydrochloride in the treatment of pain of osteoarthritis of the knee*,  
8 26(11) J. Rheumatol. 2423-30 (1999), found that glucosamine hydrochloride performed no  
9 better than placebo at reducing pain at the conclusion of the eight week trial.

10 39. Likewise, a 2004 study by McAlindon, *et al.*, entitled *Effectiveness of*  
11 *Glucosamine For Symptoms of Knee Osteoarthritis: Results From an Internet-Based*  
12 *Randomized Double-Blind Controlled Trial*, 117(9) Am. J. Med. 649-9 (Nov. 2004),  
13 concluded that "glucosamine was no more effective than placebo in treating symptoms of knee  
14 osteoarthritis" – in short, that glucosamine is ineffective. *Id.* at 646 ("we found no difference  
15 between the glucosamine and placebo groups in any of the outcome measures, at any of the  
16 assessment time points").

17 40. Many studies have also confirmed there is a significant "placebo" effect with  
18 respect to consumption of products represented to be effective in providing joint health  
19 benefits such as Defendant's Products.

20 41. Indeed, more than 30% of persons who took placebos in these studies believed  
21 that they were experiencing joint health benefits when all they were taking was a placebo.

22 42. A 2004 study by Cibere, *et al.*, entitled *Randomized, Double-Blind, Placebo-*  
23 *Controlled Glucosamine Discontinuation Trial In Knee Osteoarthritis*, 51(5) Arthritis Care &  
24 Research 738-45 (Oct. 15, 2004), studied users of glucosamine who had claimed to have  
25 experienced at least moderate improvement after starting glucosamine. These patients were  
26 divided into two groups – one that continued using glucosamine and one that was given a  
27 placebo. For six months, the primary outcome observed was the proportion of disease flares in  
28 the glucosamine and placebo groups. A secondary outcome was the time to disease flare. The

1 study results reflected that there were no differences in either the primary or secondary  
 2 outcomes for glucosamine and placebo. The authors concluded that the study provided no  
 3 evidence of symptomatic benefit from continued use of glucosamine – in other words, any  
 4 prior perceived benefits were due to the placebo effect and *not* glucosamine. *Id.* at 743 (“In  
 5 this study, we found that knee OA disease flare occurred as frequently, as quickly, and as  
 6 severely in patients who were randomized to continue receiving glucosamine compared with  
 7 those who received placebo. As a result, the efficacy of glucosamine as a symptom-modifying  
 8 drug in knee OA is not supported by our study.”).

9 43. A large (1,583 subjects), 24-week, multi-center RCT study sponsored by the  
 10 National Institute of Health (“NIH”), published in the New England Journal of Medicine (the  
 11 “2006 GAIT Study”), concluded: “[t]he analysis of the primary outcome measure did not show  
 12 that either [glucosamine or chondroitin], alone or in combination, was efficacious. . . .” Clegg,  
 13 D., *et al.*, *Glucosamine, Chondroitin Sulfate, and the Two in Combination for Painful Knee*  
 14 *Osteoarthritis*, 354 New England J. of Med. 795, 806 (2006).

15 44. The 2006 GAIT Study authors rigorously evaluated the effectiveness of  
 16 glucosamine hydrochloride and chondroitin, alone and in combination, on osteoarthritis for six  
 17 months. According to the study’s authors, “[t]he analysis of the primary outcome measure did  
 18 not show that either supplement, alone or in combination, was efficacious. . . .” 2006 GAIT  
 19 Study at 806.<sup>6</sup>

20 45. Subsequent GAIT studies in 2008 and 2010 reported that glucosamine and  
 21 chondroitin did not rebuild cartilage<sup>7</sup> and were otherwise ineffective – even in patients with  
 22 moderate to severe knee pain for which the 2006 reported results were inconclusive. *See*  
 23 Sawitzke, A.D., *et al.*, *The Effect of Glucosamine and/or Chondroitin Sulfate on the*  
 24

25 <sup>6</sup> The 2006 GAIT Study was funded by the National Center for Complementary &  
 26 Alternative Medicine and the National Institute of Arthritis and Musculoskeletal and Skin  
 Diseases, two components of NIH.

27 <sup>7</sup> To similar effect, a study by Kwok, *et al.*, entitled *The Joints On Glucosamine (JOG)*  
 28 *Study: A Randomized, Double-Blind, Placebo-Controlled Trial To Assess The Structural*  
*Benefit Of Glucosamine In Knee Osteoarthritic Based On 3T MRI*, 60 *Arthritis Rheum* 725  
 (2009) concluded that glucosamine was not effective in preventing the worsening of cartilage  
 damage.

1 *Progression of Knee Osteoarthritis: A GAIT Report*, 58(10) J. Arthritis Rheum. 3183–91 (Oct.  
2 2008); Sawitzke, A.D., *Clinical Efficacy And Safety Of Glucosamine, Chondroitin Sulphate,  
3 Their Combination, Celecoxib Or Placebo Taken To Treat Osteoarthritis Of The Knee:  
4 2-Year Results From GAIT*, 69(8) Ann Rheum. Dis. 1459-64 (Aug. 2010).

5 46. The GAIT studies are consistent with the reported results of prior and  
6 subsequent studies. For example, the National Collaborating Centre for Chronic Conditions  
7 (“NCCCC”) reported “the evidence to support the efficacy of glucosamine hydrochloride as a  
8 symptom modifier is poor” and the “evidence for efficacy of chondroitin was less convincing.”  
9 NCCCC, *Osteoarthritis National Clinical Guideline for Care and Management of Adults*,  
10 Royal College of Physicians, London 2008. Consistent with its lack of efficacy findings, the  
11 NCCCC Guideline did not recommend the use of glucosamine or chondroitin for treating  
12 osteoarthritis. *Id.* at 33.

13 47. In a 2007 report, Vlad, *et al.* reviewed all studies involving glucosamine  
14 hydrochloride and concluded that “[g]lucosamine hydrochloride is not effective.”  
15 *Glucosamine for Pain in Osteoarthritis*, 56:7 Arthritis Rheum. 2267-77 (2007); *see also id.* at  
16 2275 (“we believe that there is sufficient information to conclude that glucosamine  
17 hydrochloride lacks efficacy for pain in OA”).

18 48. Even studies not concerning the type of glucosamine in the Joint Juice Products  
19 demonstrate that glucosamine does not provide the joint health benefits that Defendants  
20 represent. For example, a study by Rozendaal, *et al.*, entitled *Effect of Glucosamine Sulfate on  
21 Hip Osteoarthritis*, 148 Ann. of Intern. Med. 268-77 (2008), assessing the effectiveness of  
22 glucosamine on the symptoms and structural progression of hip osteoarthritis during two years  
23 of treatment, concluded that glucosamine was no better than placebo in reducing symptoms  
24 and progression of hip osteoarthritis.

25 49. In December 2008, the American Academy of Orthopaedic Surgeons published  
26 clinical practice guidelines for the “Treatment of Osteoarthritis of the Knee (Non-  
27 Arthroplasty),” and recommended that “glucosamine and sulfate or hydrochloride not be  
28 prescribed for patients with symptomatic OA of the knee.” Richmond *et al.*, *Treatment of*

1 *osteoarthritis of the knee (nonarthroplasty)*, J. Am. Acad. Orthop. Surg. Vol. 17 No. 9 591-  
2 600 (2009). This recommendation was based on a 2007 report from the Agency for Healthcare  
3 Research and Quality (AHRQ), which states that “the best available evidence found that  
4 glucosamine hydrochloride, chondroitin sulfate, or their combination did not have any clinical  
5 benefit in patients with primary OA of the knee.” Samson, *et al.*, *Treatment of Primary and*  
6 *Secondary Osteoarthritis of the Knee*, Agency for Healthcare Research and Quality, 2007 Sep  
7 1. Report No. 157.

8 50. In 2009, a panel of scientists from the European Food Safety Authority  
9 (“EFSA”) (a panel established by the European Union to provide independent scientific advice  
10 to improve food safety and consumer protection), reviewed nineteen studies submitted by an  
11 applicant, and concluded that “a cause and effect relationship has not been established between  
12 the consumption of glucosamine hydrochloride and a reduced rate of cartilage degeneration in  
13 individuals without osteoarthritis.” EFSA Panel on Dietetic Products, Nutrition and Allergies,  
14 *Scientific Opinion on the substantiation of a health claim related to glucosamine*  
15 *hydrochloride and reduced rate of cartilage degeneration and reduced risk of osteoarthritis*,  
16 EFSA Journal (2009), 7(10):1358.

17 51. In a separate opinion from 2009, an EFSA panel examined the evidence for  
18 glucosamine (either hydrochloride or sulfate) alone or in combination with chondroitin sulfate  
19 and maintenance of joints. The claimed effect was “joint health,” and the proposed claims  
20 included “helps to maintain healthy joint,” “supports mobility,” and “helps to keep joints  
21 supple and flexible.” Based on its review of eleven human intervention studies, three meta-  
22 analyses, 21 reviews and background papers, two animal studies, one in vitro study, one short  
23 report, and one case report, the EFSA panel concluded that “a cause and effect relationship has  
24 not been established between the consumption of glucosamine (either as glucosamine  
25 hydrochloride or as glucosamine sulphate), either alone or in combination with chondroitin  
26 sulphate, and the maintenance of normal joints.” EFSA Panel on Dietetic Products, Nutrition  
27 and Allergies, *Scientific Opinion on the substantiation of health claims related to glucosamine*  
28

1 alone or in combination with chondroitin sulphate and maintenance of joints and reduction of  
2 inflammation, EFSA Journal (2009), 7(9):1264.

3 52. A 2010 meta-analysis by Wandel, *et al.*, entitled *Effects of Glucosamine,*  
4 *Chondroitin, Or Placebo In Patients With Osteoarthritis Or Hip Or Knee: Network Meta-*  
5 *Analysis*, BMJ 341:c4675 (2010), examined prior studies involving glucosamine and  
6 chondroitin, alone or in combination, and whether they relieved the symptoms or progression  
7 of arthritis of the knee or hip. The study authors reported that glucosamine and chondroitin,  
8 alone or in combination, did not reduce joint pain or have an impact on the narrowing of joint  
9 space: “Our findings indicate that glucosamine, chondroitin, and their combination do not  
10 result in a relevant reduction of joint pain nor affect joint space narrowing compared with  
11 placebo.” *Id.* at 8. The authors further concluded “[w]e believe it unlikely that future trials  
12 will show a clinically relevant benefit of any of the evaluated preparations.” *Id.*

13 53. On July 7, 2010, Wilkens, *et al.*, reported that there was no difference between  
14 placebo and glucosamine for the treatment of low back pain and lumbar osteoarthritis and that  
15 neither glucosamine nor placebo were effective in reducing pain related disability. The  
16 researchers also concluded that, “Based on our results, it seems unwise to recommend  
17 glucosamine to all patients” with low back pain and lumbar osteoarthritis. Wilkens, *et al.*,  
18 *Effect of Glucosamine on Pain-Related Disability in Patients With Chronic Low Back Pain*  
19 *and Degenerative Lumbar Osteoarthritis*, 304(1) JAMA 45-52 (July 7, 2010).

20 54. In 2011, Miller and Clegg, after surveying the clinical study history of  
21 glucosamine and chondroitin, concluded that, “[t]he cost-effectiveness of these dietary  
22 supplements alone or in combination in the treatment of OA has not been demonstrated in  
23 North America.” Miller, K. and Clegg, D., *Glucosamine and Chondroitin Sulfate*, *Rheum.*  
24 *Dis. Clin. N. Am.* 37 103-118 (2011).

25 55. In 2012, a report by Rovati, *et al.* entitled *Crystalline glucosamine sulfate in the*  
26 *management of knee osteoarthritis: efficacy, safety, and pharmacokinetic properties*, *Ther Adv*  
27 *Muskoloskel Dis* 4(3) 167-180, noted that glucosamine hydrochloride “ha[s] never been  
28 shown to be effective.”

1           56. In 2012, EFSA examined the evidence glucosamine sulphate or glucosamine  
2 hydrochloride, and a claimed effect of “contributes to the maintenance of normal joint  
3 cartilage.” Based on its review of 61 references provided by Merck Consumer Healthcare, the  
4 EFSA panel concluded that “a cause and effect relationship has not been established between  
5 the consumption of glucosamine and maintenance of normal joint cartilage in individuals  
6 without osteoarthritis.” EFSA Panel on Dietetic Products, Nutrition and Allergies, *Scientific*  
7 *Opinion on the substantiation of a health claim related to glucosamine and maintenance of*  
8 *normal joint cartilage*, EFSA Journal 2012, 10(5): 2691.

9 ***The Impact of Defendant’s Wrongful Conduct***

10           57. Despite clinical studies that show the ingredients in Defendant’s Joint Juice  
11 products are ineffective, Defendant conveyed and continues to convey one uniform health  
12 benefits message: Joint Juice supports and nourishes cartilage, “lubricates” joints, and  
13 improves joint comfort in all joints in the human body, for adults of all ages and for all manner  
14 and stages of joint-related ailments.

15           58. As the inventor, manufacturer, and distributor of Joint Juice, Defendant  
16 possesses specialized knowledge regarding the content and effects of the ingredients contained  
17 in Joint Juice and Defendant is in a superior position to know whether its Products work as  
18 advertised.

19           59. Specifically, Defendant knew, but failed to disclose, that Joint Juice does not  
20 provide the joint health benefits represented and that well-conducted, clinical studies have  
21 found the ingredients in Joint Juice to be ineffective in providing the joint health benefits  
22 represented by Defendant.

23           60. Plaintiff and the other Class members have been and will continue to be  
24 deceived or misled by Defendant’s false and deceptive joint health benefit representations.  
25 Plaintiff purchased Joint Juice during the Class period and in doing so, read and considered the  
26 Product’s label and based his decision to purchase the Product on the joint health benefit  
27 representations on the Product packaging. Defendant’s joint health benefit representations and  
28 omissions were a material factor in influencing Plaintiff’s decision to purchase the Product.



- 1 (a) Whether the representations discussed herein that Defendant made  
 2 about its Joint Juice Products were or are true, or are misleading, or  
 3 likely to deceive;
- 4 (b) Whether Defendant's conduct violates public policy;
- 5 (c) Whether Defendant engaged in false or misleading advertising;
- 6 (d) Whether Defendant's conduct constitutes violations of the laws  
 7 asserted herein;
- 8 (e) Whether Plaintiff and the other Class members have been injured and  
 9 the proper measure of their losses as a result of those injuries; and
- 10 (f) Whether Plaintiff and the other Class members are entitled to  
 11 injunctive, declaratory, or other equitable relief.

12 66. **Typicality – Federal Rule of Civil Procedure 23(a)(3).** Plaintiff's claims are  
 13 typical of the other Class members' claims because, among other things, all Class members  
 14 were comparably injured through the uniform prohibited conduct described above.

15 67. **Adequacy of Representation – Federal Rule of Civil Procedure 23(a)(4).**  
 16 Plaintiff is an adequate representative of the Class because his interests do not conflict with the  
 17 interests of the other Class members he seeks to represent; he has retained counsel competent  
 18 and experienced in complex commercial and class action litigation; and Plaintiff intends to  
 19 prosecute this action vigorously. The interests of the Class members will be fairly and  
 20 adequately protected by the Plaintiff and his counsel.

21 68. **Declaratory and Injunctive Relief – Federal Rule of Civil Procedure**  
 22 **23(b)(2).** Defendant has acted or refused to act on grounds generally applicable to Plaintiff  
 23 and the other Class members, thereby making appropriate final injunctive relief and  
 24 declaratory relief, as described below, with respect to Class as a whole.

25 69. **Superiority – Federal Rule of Civil Procedure 23(b)(3).** A class action is  
 26 superior to any other available means for the fair and efficient adjudication of this controversy,  
 27 and no unusual difficulties are likely to be encountered in the management of this class action.  
 28 The damages or other financial detriment suffered by Plaintiff and the other Class members are

1 relatively small compared to the burden and expense that would be required to individually  
 2 litigate their claims against Defendant, so it would be impracticable for Class members to  
 3 individually seek redress for Defendant's wrongful conduct. Even if Class members could  
 4 afford individual litigation, the court system could not. Individualized litigation creates a  
 5 potential for inconsistent or contradictory judgments, and increases the delay and expense to  
 6 all parties and the court system. By contrast, the class action device presents far fewer  
 7 management difficulties, and provides the benefits of single adjudication, economy of scale,  
 8 and comprehensive supervision by a single court.

9 **CLAIMS ALLEGED**

10 **COUNT I**

11 **Violation of Business & Professions Code §17200, et seq.**  
 12 **(On behalf of the Class)**

13 70. Plaintiff incorporates the preceding paragraphs as if fully set forth herein.

14 71. As alleged herein, Plaintiff has suffered injury in fact and lost money or  
 15 property as a result of Defendant's conduct because he purchased one of Defendant's falsely  
 16 advertised Joint Juice Products in reliance on the false advertisements.

17 72. The Unfair Competition Law, Business & Professions Code §17200, et seq.  
 18 ("UCL"), and similar laws in other states, prohibits any "unlawful," "fraudulent" or "unfair"  
 19 business act or practice and any false or misleading advertising. In the course of conducting  
 20 business, Defendant committed unlawful business practices by, among other things, making  
 21 the representations (which also constitutes advertising within the meaning of §17200) and  
 22 omissions of material facts, as set forth more fully herein, and violating Civil Code §§1572,  
 23 1573, 1709, 1711, 1770(a)(5), (7), (9) and (16) and Business & Professions Code §§17200, et  
 24 seq., 17500, et seq., and the common law.

25 73. Plaintiff, individually and on behalf of the other Class members, reserves the  
 26 right to allege other violations of law, which constitute other unlawful business acts or  
 27 practices. Such conduct is ongoing and continues to this date.  
 28

1           74. In the course of conducting business, Defendant committed “unfair” business  
2 practices by, among other things, making the representations (which also constitute advertising  
3 within the meaning of §17200) and omissions of material facts regarding Joint Juice Products  
4 in its advertising campaign, including the Products’ packaging, as set forth more fully herein.  
5 There is no societal benefit from false advertising – only harm. Plaintiff and the other Class  
6 members paid for a valueless product that does not confer the benefits it promises. While  
7 Plaintiff and the other Class members were harmed, Defendant was unjustly enriched by its  
8 false misrepresentations and omissions. As a result, Defendant’s conduct is “unfair,” as it  
9 offended an established public policy. Further, Defendant engaged in immoral, unethical,  
10 oppressive, and unscrupulous activities that are substantially injurious to consumers.

11           75. Further, as set forth in this Complaint, Plaintiff alleges violations of consumer  
12 protection, unfair competition, and truth in advertising laws in California and other states,  
13 resulting in harm to consumers. Defendant’s acts and omissions also violate and offend the  
14 public policy against engaging in false and misleading advertising, unfair competition, and  
15 deceptive conduct towards consumers. This conduct constitutes violations of the unfair prong  
16 of Business & Professions Code §17200, *et seq.*

17           76. There were reasonably available alternatives to further Defendant’s legitimate  
18 business interests, other than the conduct described herein. Business & Professions Code  
19 §17200, *et seq.*, also prohibits any “fraudulent business act or practice.” In the course of  
20 conducting business, Defendant committed “fraudulent business act or practices” by, among  
21 other things, making the representations (which also constitute advertising within the meaning  
22 of §17200) and omissions of material facts regarding Joint Juice Products in its advertising  
23 campaign, including on the Products’ packaging and labeling, as set forth more fully herein.  
24 Defendant made the misrepresentations and omissions regarding the efficacy of its Products,  
25 among other ways, by misrepresenting on each and every Joint Juice Product’s packaging and  
26 labeling that the Products are effective when taken as directed, when, in fact, the  
27 representations are false and deceptive, and the Products do not confer the promised health  
28 benefits.

1 77. Defendant's actions, claims, omissions, and misleading statements, as more  
2 fully set forth above, were also false, misleading and/or likely to deceive the consuming public  
3 within the meaning of Business & Professions Code §17200, *et seq.*

4 78. Plaintiff and the other members of the Class have in fact been deceived as a  
5 result of their reliance on Defendant's material representations and omissions, which are  
6 described above. This reliance has caused harm to Plaintiff and the other members of the  
7 Class, each of whom purchased Defendant's Joint Juice Products. Plaintiff and the other Class  
8 members have suffered injury in fact and lost money as a result of purchasing the Products and  
9 Defendant's unlawful, unfair, and fraudulent practices.

10 79. Defendant knew, or should have known, that its material representations and  
11 omissions would be likely to deceive the consuming public and result in consumers  
12 purchasing Joint Juice products and, indeed, intended to deceive consumers.

13 80. As a result of its deception, Defendant has been able to reap unjust revenue and  
14 profit.

15 81. Unless restrained and enjoined, Defendant will continue to engage in the above-  
16 described conduct. Accordingly, injunctive relief is appropriate.

17 82. Plaintiff, on behalf of herself, all others similarly situated, and the general  
18 public, seeks restitution from Defendant of all money obtained from Plaintiff and the other  
19 members of the Class collected as a result of unfair competition, an injunction prohibiting  
20 Defendant from continuing such practices, corrective advertising, and all other relief this Court  
21 deems appropriate, consistent with Business & Professions Code §17203.

## 22 **COUNT II**

### 23 **Violation of the Consumers Legal Remedies Act – Civil Code §1750, *et seq.*** 24 **(On behalf of the Class)**

25 83. Plaintiff incorporates the preceding paragraphs as if fully set forth herein.

26 84. This cause of action is brought pursuant to the Consumers Legal Remedies Act,  
27 California Civil Code §1750, *et seq.* (the "Act") and similar laws in other states. Plaintiff is a  
28 consumer as defined by California Civil Code §1761(d). The Products are "goods" within the

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1 meaning of the Act.

2 85. Defendant violated and continues to violate the Act by engaging in the  
3 following practices proscribed by California Civil Code §1770(a) in transactions with Plaintiff  
4 and the Class which were intended to result in, and did result in, the sale of its Joint Juice  
5 Products:

6 (5) Representing that [Joint Juice Products have] . . . approval, characteristics, . . .  
7 uses [and] benefits . . . which [they do] not have . . . .

8 \* \* \*

9 (7) Representing that [Joint Juice Products are] of a particular standard, quality or  
10 grade . . . if [they are] of another.

11 \* \* \*

12 (9) Advertising goods . . . with intent not to sell them as advertised.

13 \* \* \*

14 (16) Representing that [Joint Juice Products] have been supplied in accordance with  
15 a previous representation when [they have] not.

16 86. Defendant violated the Act by representing and failing to disclose material facts  
17 on its Joint Juice Products' labeling and associated advertising, as described above, when it  
18 knew, or should have known, that the representations were false and misleading and that the  
19 omissions were of material facts they were obligated to disclose.

20 87. Pursuant to California Civil Code §1782(d), Plaintiff, individually and on  
21 behalf of the other members of the Class, seeks a Court order enjoining the above-described  
22 wrongful acts and practices of Defendant and for restitution and disgorgement.

23 88. Pursuant to §1782 of the Act, Defendant was notified in writing by certified  
24 mail of the particular violations of §1770 of the Act, which notification demanded that  
25 Defendant rectify the problems associated with the actions detailed above and give notice to all  
26 affected consumers of Defendant's intent to so act. A copy of the letter is attached hereto as  
27 Exhibit A.  
28

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1 89. Defendant has failed to rectify or agree to rectify the problems associated with  
2 the actions detailed above and give notice to all affected consumers within 30 days of the date  
3 of written notice pursuant to §1782 of the Act. Therefore, Plaintiff further seeks claims for  
4 actual, punitive and statutory damages, as appropriate.

5 90. Defendant's conduct is fraudulent, wanton, and malicious.

6 91. Pursuant to §1780(d) of the Act, attached hereto as Exhibit B is the affidavit  
7 showing that this action has been commenced in the proper forum.

8 **JURY DEMAND**

9 Plaintiff demands a trial by jury of all claims in this Complaint so triable.

10 **REQUEST FOR RELIEF**

11 WHEREFORE, Plaintiff, individually and on behalf of the other members of the Class  
12 proposed in this Complaint, respectfully requests that the Court enter judgment in his favor  
13 and against Defendant, as follows:

14 A. Declaring that this action is a proper class action, certifying the Class as  
15 requested herein, designating Plaintiff as Class Representative and appointing the undersigned  
16 counsel as Class Counsel;

17 B. Ordering Defendant to pay actual damages to Plaintiff and the other members  
18 of the Class;

19 C. Ordering Defendant to pay punitive damages, as allowable by law, to Plaintiff  
20 and the other members of the Class;

21 D. Ordering Defendant to pay statutory damages, as allowable by the statutes  
22 asserted herein, to Plaintiff and the other members of the Class;

23 E. Awarding injunctive relief as permitted by law or equity, including enjoining  
24 Defendant from continuing the unlawful practices as set forth herein, and ordering Defendant  
25 to engage in a corrective advertising campaign;

26 F. Ordering Defendant to pay attorneys' fees and litigation costs to Plaintiff and  
27 the other members of the Class;  
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G. Ordering Defendant to pay both pre- and post-judgment interest on any amounts awarded; and

H. Ordering such other and further relief as may be just and proper.

Dated: September 12, 2014

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**CERTIFICATE OF SERVICE**

I hereby certify that on September 12, 2014, I electronically filed the foregoing with the Clerk of the Court using the CM/ECF system which will send notification of such filing to the e-mail addresses denoted on the Electronic Mail Notice List, and I hereby certify that I have mailed the foregoing document or paper via the United States Postal Service to the non-CM/ECF participants indicated on the Electronic Mail Notice List.

I certify under penalty of perjury under the laws of the United States of America that the foregoing is true and correct. Executed on September 12, 2014.

*s/ Timothy G. Blood*

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